



Be Challenged

## Be Inspired with Be Challenged

Interactive team building events  
that turn individuals into collaborators  
and more effective team players

**Build Your Buzz**

**Be Challenged** is proud to be associated with the

S O F I T E L  
HOTELS & RESORTS

SYDNEY DARLING HARBOUR

Discover our stylish Conference & Events facilities, more luxe and functional than ever after an extended beauty sleep and makeover. Located across the street from Sydney's International Convention Centre, our seven versatile spaces, four bars & restaurant, outdoor pool deck and top-floor executive lounge offer the perfect backdrop for your events.



### About Be Challenged

Since 2008, Be Challenged has specialised in workshops and programs designed to foster team cohesion, personal growth, skills and job satisfaction. In that time, we have engaged over 468,000 participants of some 5,760 programs for 1,947+ happy customers.

So, whether you're looking to develop your team's skills, drive performance and leadership, give back to the community or simply have some fun, we have the program or workshop to suit, for groups of five to 1,000 plus people.

Popular  
Program  
Choice



To be effective, to be collaborative, to be more... you need to **Be Challenged**.



Be Challenged

All our programs are designed to deliver key outcomes around job satisfaction, teamwork, communication, leadership, problem solving and strategic thinking.

However, each program has a specific focus and uses different methods and delivery formats to achieve these outcomes. To help ensure we create and deliver you the perfect program, we have separated our offerings into three categories.

All we need to know is how you want your team to Be Challenged.

For more information, please contact Be Challenged or Sofitel Sydney Darling Harbour.

# MOST POPULAR PROGRAMS AT SOFITEL SYDNEY DARLING HARBOUR



## FUN AND TEAM BUILDING

- ✓ Win It In A Minute
- ✓ Go Team
- ✓ Chain Reaction



## CONFERENCES AND MEETINGS

- ✓ The Big Picture
- ✓ Beat the Box
- ✓ Trade Winds



## LEARNING AND DEVELOPMENT

- ✓ Peak Performance
- ✓ DiSC Workshop
- ✓ 5 Behaviours of a Cohesive Team



For more programs and information visit [www.bechallenged.com.au/programs](http://www.bechallenged.com.au/programs)

ENQUIRE NOW

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🌐 [www.bechallenged.com.au](http://www.bechallenged.com.au)