

FACILITATED WORKSHOPS FOR GRADUATES

Our workshop topics include:

- Growth Mindset
- Seven Principles of Effective Team Building
- Tackling Difficult Conversations
- Grit and Resilience
- Giving and Receiving Feedback
- Influencing and Managing Up
- Presenting and Networking with Confidence
- Transitioning into the World of Work
- Confidence Building
- Principles of Psychological Safety
- Change Management
- Harnessing Innovation to Thrive Under Pressure
- Unlock the power of Critical Thinking
- Managing Stress at Work – Balancing Workload, Cognitive Load and Energy
- Developing your Personal Brand



Overview

Our workshops can be delivered as stand-alone programs or paired with our experiential programs, allowing participants the opportunity to put theory into practice while reinforcing key take away messages.

Whether you're looking to boost essential skills, develop awareness, drive performance or enhance leadership capacity, we have a program or workshop to suit you..

From intimate groups of six to large gatherings of over 1,000 participants, our workshops are designed to accommodate diverse team sizes, so that no one is left behind in the pursuit of growth and excellence.

Our unique approach to helping businesses and teams realise their potential has been refined over the delivery of thousands of programs and workshops.

We take pride in our ability to truly listen and understand your unique requirements, and to customise an approach that most effectively achieve your objectives.

Recognising that a 'one size fits all' approach is not always the answer, we can work with you in the design of bespoke workshops.

Our facilitation style is characterised by its boundless energy, compelling engagement, and the empowerment it imparts to every participant.